

# CAPTURING KIDS' HEARTS

## EXCEL MODEL

A Process for Impactful Teaching

### E

## ENGAGE Building Relationships



**Purpose:** to build relationships, model social and professional skills, and pave the way for students to be involved with us in the learning process

- Greet at your door (Handshakes and fist bumps to connect!)
- Learn your students' names and use them often
- Student Affirmations

### X

## EXPLORE Getting in Touch



**Purpose:** to check in with students (personally, emotionally, academically/show an interest), set a positive tone for the class, and teach the leadership skill of positive thinking

EX: Good Things, Journals, Ice Breakers

### C

## COMMUNICATE Engaging in Dynamic Dialogue



**Purpose:** to show we care, convey the need to learn, and share content and relevance to the real world.

Square up Open posture Lean in Eye contact Relax

### E

## EMPOWER Developing Skills and Agency



**Purpose:** to build an atmosphere of trust and give students the opportunity and ability to "use and do" the things we have taught

- Build and implement the **Social Contract**
- Provide opportunities for Goal-Setting
- Build courage & confidence with student roles and responsibilities: affirmer, class ambassador, & group work roles

### L

## LAUNCH Providing Momentum and Direction



**Purpose:** to inspire students and start them on a course of action by ending class on a powerful note

- Review and summarize what has occurred
- clarify any commitments to action steps (homework)
- share a meaningful, positive, powerful message.

For more info: <https://iheartckh.com/>